



# TUALATIN TODAY

... October 2016 ...

... [TualatinOregon.gov](http://TualatinOregon.gov) ...



## PUMPKIN REGATTA RETURNS FOR THE 13TH YEAR

*Gather your friends and family and head over to the Lake of the Commons for the 13th Annual West Coast Giant Pumpkin Regatta on Saturday, October 15, 2016, 10:00 am to 4:00 pm!*

This is a rain or shine event and there is no fee for admission. The Regatta is unlike any other event and has become one of the most anticipated fall events in the Northwest. Watch costumed characters paddle 1,000 pound pumpkin boats in a series of wacky races.

The Regatta also features the giant pumpkin weigh-off, pumpkin pie eating contests, kids' pumpkin decorating, pumpkin golf, pumpkin bowling, kids' costume contest, entertainment, Smokey and Rojo the Llama boys, hot food and drinks, and much more! The Regatta wouldn't be possible without our Premier sponsors: A Group Real Estate, Comcast, New Seasons Market, Pacific Giant Vegetable Growers, PEMCO Insurance, Terra Firma Foundation Systems, Whole Foods Market, and Wilsonville Toyota. Community sponsors and in-kind partners include Cabelas, Citizen's Bank, Lee Farms, NW Natural, Starbucks, Umpqua Bank, Willowbrook Arts Camp and Tualatin Island Greens and Village Inn Restaurant. For more information about the Pumpkin Regatta visit our website at [TUALATINOREGON.GOV/PUMPKINREGATTA](http://TUALATINOREGON.GOV/PUMPKINREGATTA).

The Tualatin Chamber of Commerce is hosting the 5K REGATTA RUN at Tualatin Community Park on Saturday, October 15, at 9:00 am. The Regatta Run honors CPL Matthew Lembke, who lost his life from wounds sustained on his third tour of duty in Afghanistan. To celebrate Matt's character and service, the run was created to raise money for a scholarship fund in his name. Register at [FITCITYTUALATIN.COM](http://FITCITYTUALATIN.COM).

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## GARDEN CORNER CURVES CONCEPT STUDY KICKS OFF

The City is moving forward with the planning project known as the *Garden Corner Curves* or the *Curves at 105th/Blake/108th*. This phase of the project will identify a range of alternatives intended to address the problem curves for all modes of travel including cars, bicycles, and pedestrians. In an effort to understand the needs of the people who use the corridor or live nearby, this phase of the project will include an extensive public engagement process.

Earlier this summer, the City selected a consulting team to develop the concept study for the City. The project team will lead meetings with community stakeholders. There will be a project website, an online survey, and small group meetings, all designed to listen to feedback from the community and share ideas about the engineering behind various alternatives. The City's efforts will also include a video to help people visualize the project challenges and opportunities and an on-the-ground walking tour to review the site and discuss the project.

Public engagement will be integrated with the effort to identify alternatives. The design team will develop schematic designs based on input from the community and then share those design concepts with the community in an iterative approach. The goal is to identify alternative solutions that address community needs while avoiding pitfalls that can happen in the traditional engineering approach.

... *Want to Learn More?* ...

Join us for a walking tour of the corridor on Oct 8 at 11 am with project team members. All project updates and the latest news is also available on our website at [TUALATINOREGON.GOV/GARDENCORNERCURVES](http://TUALATINOREGON.GOV/GARDENCORNERCURVES).



### DAY TREKKERS

If you are looking for a way to meet new people and you enjoy getting out and about in the great outdoors, Day Trekkers is the group for you!

This adult walking/hiking group ventures to scenic destinations twice a month. Joining the Day Trekkers on a walk or hike that showcases Oregon's most spectacular scenery might just be the best thing you do this year!

For more information about this program call 503.691.3061.



### CELEBRATE COMMUNITY PLANNING MONTH

Community Development plays a vital role in the day-to-day happenings of citizens in every community.

October has been designated as National Community Planning Month by the American Planning Association (APA) as a way to highlight the role of planners and planning in each community. The month long celebration is an opportunity to recognize how planning shapes Tualatin, and the work of planners and the planning profession in creating communities of lasting value.

Planning is the process of envisioning, mapping or otherwise conceiving how a community will look, grow, and define itself. As our communities continue to change and grow, planners play an important role in ensuring that new developments are designed and built in harmony with existing surroundings. Planners must carefully balance the needs and desires of residents against the challenges presented by growth and change not just in the physical realm, but also economically and socially. There are also many volunteers including; elected officials, Planning Commission representatives, and Architectural Review Board members who play an important role in the planning process.

Planning also strives to give residents choices. From the type of home an individual lives into how an individual gets around planning helps ensure communities address the needs of everyone.

### NATIONAL DRUG TAKE BACK DAY!

On Saturday, October 22, 2016, from 10 am-2 pm, Tualatin Police, in cooperation with the Drug Enforcement Administration (DEA), will host a "Pharmaceutical Drug Take Back Day" at the Tualatin Police Department, 8650 SW Tualatin Rd., in Tualatin.

The drop off site will be in the parking lot of the Tualatin Police Department. It will be drive-thru convenience with no questions asked. For more info go to [TUALATINOREGON.GOV/POLICE/NATIONAL-PRESCRIPTION-DRUG-TAKE-BACK-DAY](http://TUALATINOREGON.GOV/POLICE/NATIONAL-PRESCRIPTION-DRUG-TAKE-BACK-DAY).



## HALLOWEEN SAFETY TIPS FROM OUR POLICE DEPARTMENT

Halloween can be full of tricks and treats. Tualatin Police encourage your family to be safe and follow a few simple tips to ensure a fun-filled evening.

- Go with friends or family. Never go alone.
- Plan your route and make sure your family knows it.
- Agree to a time when Trick-or-Treaters will come home.
- Carry a flashlight, glow-stick, or reflective bag.
- Walk on sidewalks and driveways.
- Cross streets at corners or in crosswalks.
- Obey all traffic and pedestrian regulations.
- Don't assume right-of-way. Motorists may have trouble seeing Trick-or-Treaters. Just because one car stops, doesn't mean others will.
- Avoid talking with strangers and never get into a car with a stranger.
- Secure emergency identification on Trick-or-Treaters including name, address, and phone number.
- Check all candy to ensure it's safe before eating.

## NATIONAL FRIENDS OF LIBRARIES WEEK

The Friends of Tualatin Public Library are dedicated volunteers who fund raise, advocate, and provide support for Tualatin Library. This year they celebrate the National Friends of Libraries week October 16-22. Since 2004, the Friends have donated more than \$150,000 to support Library programs and services, enabling most of the Library's free children, teen, and cultural programs and Summer Reading book giveaways. Support the Library by becoming a Friend or through Fred Meyer Community Rewards and Amazon Smile programs. Learn more at [FRIENDSOFTUALATINLIBRARY.ORG](http://FRIENDSOFTUALATINLIBRARY.ORG).

## CORPORATE VOLUNTEERS IMPACT OUR COMMUNITY

The City of Tualatin appreciates and welcomes corporate involvement in our volunteer programs. Many local businesses have made it possible for their employees to participate in volunteer opportunities that make Tualatin simply the best. In 2016, corporate volunteers have planted trees, spruced up the library, contributed to the success of community events, maintained the Dog Park, and cared for reforestation projects in Tualatin's green spaces.

*Many thanks to our corporate partners who have recently contributed to the health and livability of our City through our volunteer programs—BEST BUY, CUI, INC., ENTERPRISE FLEET MANAGEMENT, KEY KNIFE, KEY BANK, NEW SEASONS MARKET, NOTHING BUNDT CAKES, PGE, PROVIDENCE HEALTH PLAN, STARBUCKS, TAQUERIA LAS CASITAS, UMPQUA BANK, VERIBOWL, AND VERIS INDUSTRIES.* We encourage you to bring your corporate team out to volunteer at a scheduled event, sponsor drinks or a snack at a Very Important Volunteer appreciation event, or adopt a planting site.

For general information on volunteer opportunities and sponsorship visit our website at [TUALATINOREGON.GOV/VOLUNTEER](http://TUALATINOREGON.GOV/VOLUNTEER).

For information on outdoor projects, contact Jackie Konen at 503.691.3087 or [JKONEN@CI.TUALATIN.OR.US](mailto:JKONEN@CI.TUALATIN.OR.US). For information on volunteering in the Library, contact Margaret Gunther at 503.691.3070, or [MGUNTER@CI.TUALATIN.OR.US](mailto:MGUNTER@CI.TUALATIN.OR.US).

## BACK TO SCHOOL TOOLS

With kids heading back to school, the Library is highlighting some of the online resources that are especially helpful to students.

- **OPPOSING VIEWPOINTS** features essays arguing both sides of a controversial issue, along with data to support each viewpoint.
- **SCIENCE ONLINE** features topic overviews, multimedia content, and science experiments.
- **ENCYCLOPEDIA BRITANNICA** has hundreds of thousands of articles, biographies, videos, images, and web sites.

There are even more topics available with your library card at [WCCLS.ORG/RESEARCH](http://WCCLS.ORG/RESEARCH).

## HERRAMIENTAS PARA EL REGRESO A LA ESCUELA

Con los niños volviendo a la escuela, la biblioteca cuenta con recursos en línea que son especialmente de ayuda para los estudiantes:

- **OPPOSING VIEWPOINTS** (en inglés): un sitio con ensayos sobre temas controversiales discutidos desde puntos de vista diferentes con información que apoya cada punto.
- **SCIENCE ONLINE** (en inglés): presenta resúmenes de temas, contenido de multimedios y experimentos científicos.
- **ENCYCLOPEDIA BRITANNICA** (en inglés): presenta cientos de miles de artículos, biografías, videos, imágenes y sitios de la web.

Además, hay más temas disponibles con su tarjeta de la biblioteca en [WCCLS.ORG/RESEARCH](http://WCCLS.ORG/RESEARCH).



## PARTNERING FOR BETTER PATIENT CARE

Tualatin Valley Fire & Rescue (TVF&R) has been a dedicated community partner in implementing the Tualatin Tomorrow Vision for the past decade. They work with many other community partners to improve the overall health and safety of our community.

Mobile integrated health care is a priority for Tualatin Valley Fire & Rescue.

For the past several years, TVF&R has participated in several pilot projects with local hospitals and agencies to improve outcomes for patients suffering a chronic medical or mental health condition. One of those pilots has evolved into a contract with Legacy Meridian Park Medical Center for mobile health care, where firefighter paramedics visit patients after they are discharged from the hospital, with a goal of decreasing hospital readmissions.

According to recent data, the average hospital stay for patients transported after a 911 call is 3.5 days. At discharge, high-risk patients are identified by the hospital staff and asked to voluntarily participate in the mobile integrated health care program.

A recent review of patient data showed that patients who opted not to participate in the project have a 23.5 percent readmission rate, while patients who chose to participate have a 6.3 percent readmission rate.

With the average cost for a hospital readmission ranging anywhere from \$10,000 to \$40,000, and hospitals subject to losing Medicare reimbursement for patients readmitted within 30 days, this project benefits all involved. Ultimately, patients receive better care, they stay out of the hospital, and the 911 emergency dispatch system receives fewer calls.

During home visits, firefighter paramedics perform a patient assessment; review daily weight, blood sugar, and activity logs the patient keeps; and provide nutrition education. The initial visit also includes an environmental assessment designed to decrease fall risks and create a safe living environment. Paramedics record their findings and share them with the hospital and patients' health care providers.

Thanks to the work of TVF&R and their partners, this program is helping to improve the health of people in the community. To learn more about the work of the Tualatin Tomorrow partners or to get involved in the implementation of the vision, visit [TUALATINTOMORROW.ORG](http://TUALATINTOMORROW.ORG).

## ... Mayor's Corner ...



Is Tualatin a healthy community? Are we designing a place where healthy, active living is an easy lifestyle to adopt, and chronic diseases are what we work to prevent? How can we create a community where we live long, healthy, active lives? Former Governor Kitzhaber, realizing that surprisingly, Oregon ranked poorly in the nation in terms of health and wellbeing, launched an initiative to make Oregon the healthiest state in the US and charged the Oregon Business Council with implementation. Cambia Health Foundation committed millions of dollars to help advance this

initiative and the Business Council has used those funds to bring the Blue Zones program to Oregon. One of their strategies is to select two Oregon cities as demonstration communities to fully implement the Blue Zones program. This program is a long term, systemic community transformation in food strategies, and lifestyle and cultural practices.

The City of Tualatin, along with the City of Tigard, and community partners from the school district, healthcare providers, employers, the chamber of commerce, faith leaders, grocers, and social service providers are working to build a broad-based coalition to be the next demonstration community. In August, we submitted our proposal and were selected as a finalist, and early in October we will have a site visit to further demonstrate what impact the BlueZone program could have on our community. This is a tremendous opportunity to bring significant resources to Tualatin in terms of money and technical assistance to help us make our community a place where we and our children live long, happy and healthy lives.

**WATCH CITY COUNCIL MEETINGS LIVE ON  
TUALATINOREGON.GOV/CITYCOUNCIL,  
THE 2ND & 4TH MONDAYS OF THE MONTH AT 7:00 PM**

All City Council and Advisory Committee meetings are open to the public and provide an opportunity for citizen comment.

The agenda and packet materials are available for review in the Library, City offices and at [TUALATINOREGON.GOV](http://TUALATINOREGON.GOV) generally seven calendar days prior to the Council meeting.

Unless otherwise noted, all meetings are held in the Juanita Pohl Center, 8513 SW Tualatin Rd. (in Community Park).

Do you have questions or comments regarding the newsletter? Please contact Tanya Williams, at 503.691.3065 or [TWILLIAMS@CI.TUALATIN.OR.US](mailto:TWILLIAMS@CI.TUALATIN.OR.US).



*Keep the circle unbroken,  
please recycle.*

## ... City Information ...

18880 SW Martinazzi Avenue  
503.692.2000 • 503.692.0574 (TDD line)  
503.691.4800 (Police Department)  
503.629.0111 (Non-emergency dispatch)  
503.691.0285 (24-hour info line)

For more information, visit our website at [TUALATINOREGON.GOV](http://TUALATINOREGON.GOV)



## TUALATIN YOUTH ADVISORY COUNCIL'S HAUNTED HOUSE

With Halloween right around the corner, there are many ways to get into the spirit; jack-o-lanterns, the Pumpkin Regatta, and of course, haunted houses!

Come to the Van Raden Community Center on October 21, 22, 28, and 29 from 7:00 pm to 10:00 pm to scare yourself silly, all while supporting the Tualatin Youth Advisory Council (YAC). The cost is \$5 for adults and \$4 for youth/students, and all proceeds go to a great cause!

The YAC is a group of middle- and high-school students whose goals include advising the Tualatin City Council on issues of importance to youth and providing events and activities for Tualatin's youth. Be sure to stop by for a fright this Halloween season. For more information please visit [TUALATINOREGON.GOV](http://TUALATINOREGON.GOV) or call 503.691.3061.

## SAVE THE DATE FOR THE VETERAN'S RECOGNITION BREAKFAST

*Mark your calendars!*



The City of Tualatin's Veterans' Recognition Breakfast will be held on Thursday, November 10, as we honor all of our local veterans who served our country honorably during war or peace time. The program begins promptly at 8:00 am at the Juanita Pohl Center—Tualatin's Active Aging Center. The brave men and women who served our country come from all walks of life; they are parents, children, and grandparents. They are friends, neighbors, and coworkers and an important part of our community.

Enjoy a delicious catered breakfast celebrating veterans and all they have done for our country. Honored speakers will present and prizes will be raffled off during the event. This event is free for all veterans, and non-veterans are welcome to attend for a fee of \$10. To register or for more information about this event call 503.691.3061.

## ... Meet the Council ...

Mayor: Lou Ogden  
Council President: Monique Beikman  
Council: Wade Brooksby, Frank Bubenik, Joelle Davis,  
Nancy Grimes, Ed Truax  
Contact the Council via e-mail at [COUNCIL@CI.TUALATIN.OR.US](mailto:COUNCIL@CI.TUALATIN.OR.US)  
City Manager: Sherilyn Lombos at [SLOMBOS@CI.TUALATIN.OR.US](mailto:SLOMBOS@CI.TUALATIN.OR.US)